Job Posting
FitConnect Coordinator
Health and Counselling Services

Job Description:

Under the Supervision of Kim Daly, the FitConnect Coordinator will support program participants with mild to moderate depression or anxiety in setting physical activity goals and physical activity plans according to individual needs and interests, offering periodic program monitoring and development.

Qualifications:

- Qualifies for approximately 200 work study hours
- Personal training certification – one of BCRPA PT, Can-Fit-Pro, CSEP, NSCA, ACE or equivalent
- Current First Aid and CPR C
- Strong interpersonal skills
- Sensitivity to and awareness of mental health issues and the needs of a diverse student body
- Passion for health and wellness
- Empathy and compassion
- Strong organizational skills
- Ability to work independently and collaboratively
- Reliability, accountability, and professionalism
- Superior communication skills. Communication must be clear and prompt, demonstrating tact and integrity at all times.

Roles and Responsibilities:

- Conducts intake interviews with program participants referred through Health and Counselling Services
- Provides orientation to University Health Services and to the Centre for Athletics, Recreation and Special Abilities (CARSA)
- Personal training services for participants
- Matching participants and volunteers to share workouts
- Gets to know participants as well as program volunteers supporting them in their activities
- Coordinates training schedules
- Participates in ongoing program assessment, making program planning intentional and responsive to student needs
- Writes and presents a brief program report for counselling, health and recreation professionals, summarizing program development and outcomes.

Terms of Employment:

200 hours over the duration of January – April 2018, base work-study wage will be “topped up.”

To Apply:

Please submit a resume and cover letter attention to kimdaly@uvic.ca

Closing Date:
Resumes must be submitted before November 3rd, 2017

Only shortlisted applicants will be contacted